

The Breakfast Club

How to Make an Omelette

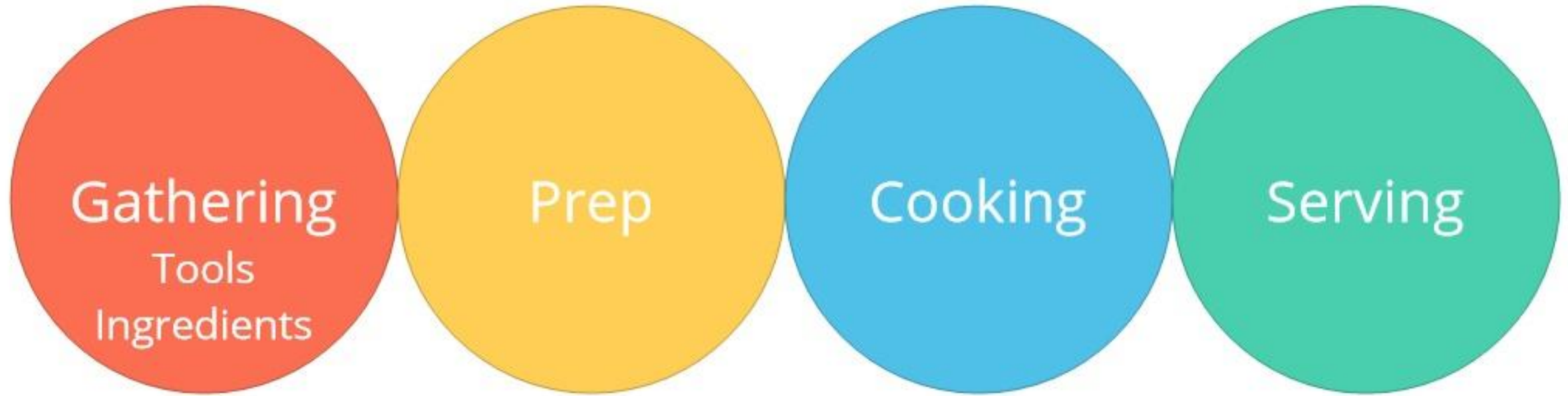


Objective

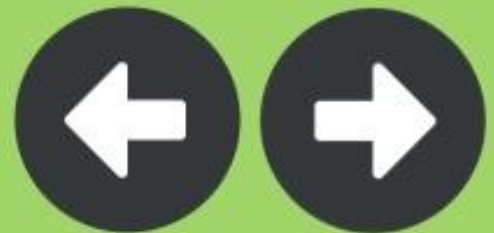
By the end of this tutorial, you will be able to prepare a simple omelette using 4 ingredients.



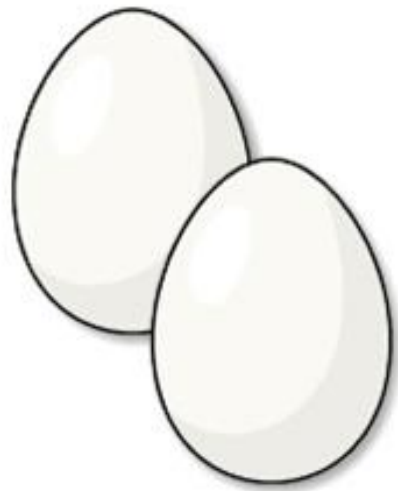
The Process



Step 1: Gather Tools



Step 1: Gather Ingredients



2 tbsp



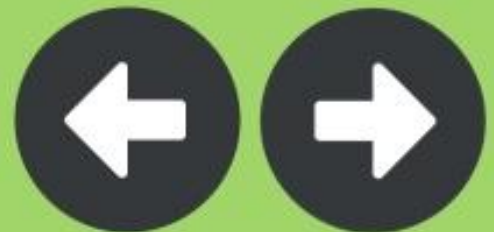
Pinch



Step 3: Cooking



Spray the non-stick skillet with cooking spray and heat over medium heat.



Knowledge Check



Multiple Choice Question

Which of the following tools will you need to make an omelette?



- A) Mixing bowl and whisk
- B) Non-stick skillet and spatula
- C) Cooking spray
- D) All of the above

Attempts: 2

Submit

True or False Question

You should cook your omelette on the highest heat setting available.



True

False

Attempts: 1

Submit

Congratulations!



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